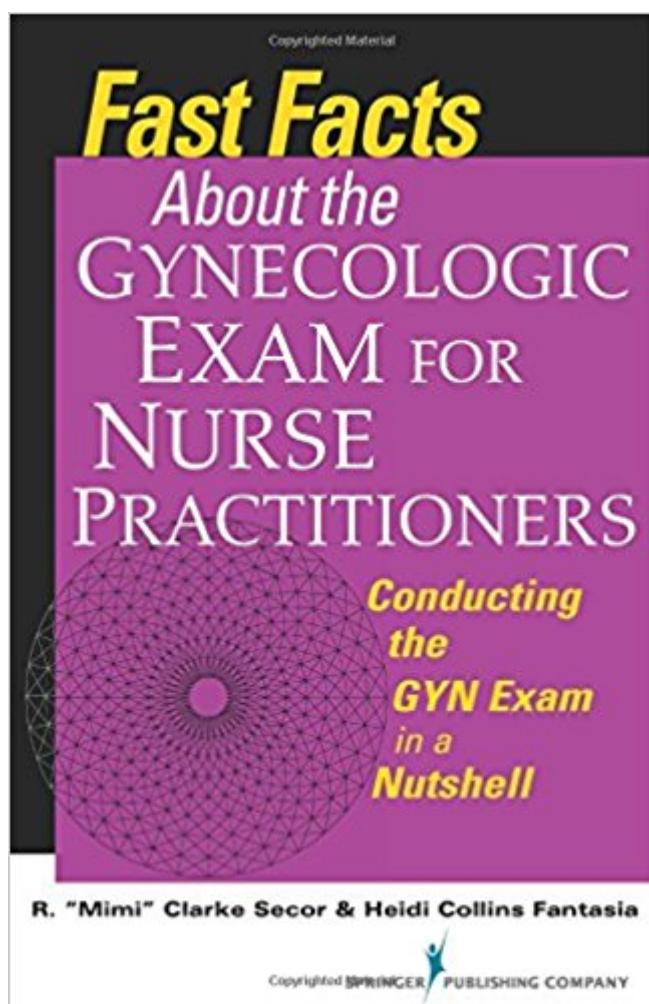


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# Fast Facts About The Gynecologic Exam For Nurse Practitioners: Conducting The GYN Exam In A Nutshell (Fast Facts (Springer))



## Synopsis

"This is an extraordinarily down-to-earth and useful rapid review guide for both novice and experienced clinicians. Most of all, this book is a gold mine for clinicians committed to delivering the best possible care to women with a wide range of characteristics and challenges."

From the Foreword by Joellen W. Hawkins, RN, WHNP-BC, PhD Professor Emeritus, Boston College, Connell School of Nursing Writer-in-Residence, Simmons College School of Nursing and Health Sciences This step-by-step guide to the key points of conducting the GYN exam addresses everything a nurse practitioner needs to know, from basic procedures through high-level challenges. The concise and accessible guide discusses strategies to decrease patient anxiety, minimize discomfort, and navigate such challenging scenarios as working with virginal women, premenarchal girls, elderly women, and sexually abused women. It includes difficult-to-find information on how to locate key organs in obese women and how to handle patients who have undergone female genital mutilation. This handy guide also covers diagnostic skills and includes the Fast Facts in a Nutshell summary feature.

**Key Features:**

- Provides a comprehensive, accessible, step-by-step review of conducting the GYN exam for novice and seasoned NPs
- Covers diagnostic procedures including vaginal microscopy, how to obtain a vaginal and anal Pap smear, as well as samples for testing for STIs, and much more
- Provides tips on how to examine special populations, including overweight, anxious, multiparous, pediatric, menopausal, and elderly patients, with skill and confidence

## Book Information

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## Customer Reviews

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family planning clinic in northeastern Massachusetts. She has over 20 years of clinical nursing experience including inpatient obstetrics and advanced practice women's health care in both private and public health settings. Dr. Fantasia has published and presented nationally and internationally on a variety of topics related to women's health and conducts research in the area of reproductive health.

On time, as promised. Excellent seller. Text is a riveting saga of one nurse's journey into the most intimate of medical procedures, their process, implementation, and implications. A must read for all nurses considering this highly specialized area of deeply relevant and intimate medical care at the cusp of civic awakening to the special and important needs of all women.

Easy to understand fast essential facts that every practitioner should know! The book has humor too, which is always a great thing when trying to learn:-)

This book clearly explained all the things I needed to know but had no one to ask. Very easy to read.

Informative easy to read great reference

Fabulous and evidenced based , immed. useful on the fly. I use it as a SANE- A RN

Good review basics

A great intro book for anyone in the field.

very basic info. good for a student NP or PA

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